



Abdy has an ancient, indescribable gift which allows people to attune to the vibration they need to receive [sT] for themselves.

**"There is no name for what you receive."
- Abdy**

ABDY

LONDON, UK

CONNECTING TO THE
SOURCE SESSIONS

11 JUNE 2023

First session: 2.30pm- 4.00pm

Second session: 4.15pm-5.45pm

Exchange: £40 for one session or £70 for both*
Payable at venue. Cash only please.

Location: Tara Yoga Centre Export House,
25-31, Ironmonger Row,
London EC1V 3QW UK

Info: You can pay at the door. Please bring a yoga mat or a blanket and a pillow, and dress comfortably to lie on the floor. If your body can't lie flat comfortably, we also have chairs available. Please bring your own water bottle.

Contact: connect@abdy.info

Connect: abdy.info



* For financial considerations please contact your host.