



Abdy has an ancient, indescribable gift which allows people to attune to the vibration they need to receive for themselves.

**"There is no name for what you receive."  
- Abdy**

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# ABDY

## SCOTTSDALE, ARIZONA

### CONNECTING TO THE SOURCE SESSION

## THURSDAY DECEMBER 6

First session: 6.00pm-7.30pm

Second session: 7.45pm-9.15pm

**Exchange:** \$50.00 per session. You can pay cash at the venue or book online:  
<http://abdy.info/when-and-where/sessions>  
If you pay online, please bring a printed copy of your receipt to the event.

**Location:** A Mindfulness Life Center  
Building B  
10339 N Scottsdale Rd Scottsdale, Arizona, 85253  
[www.amindfulnesslifecenter.com](http://www.amindfulnesslifecenter.com)

**Info:** Please bring a yoga mat or a blanket and a pillow, and dress comfortably to lie on the floor.  
Please bring your own water bottle.

**Contact:** Hanne  
[danishdove@hotmail.com](mailto:danishdove@hotmail.com)  
480-298-0423

**Connect:** [abdy.info](http://abdy.info)

