



Abdy has an ancient, indescribable gift which allows people to attune to the vibration they need to receive for themselves.

**"There is no name for what you receive."
- Abdy**

ABDY

London, UK

CONNECTING TO THE SOURCE SESSIONS

Tuesday, 4 July 2017

Session One: 6pm-7:30pm

Session Two: 8pm-9:30pm

SELF ALIGNMENT DAY

Sunday, 16 July 2017

10:00AM-5:00PM

Exchange: **£30 per session.**

£120 for one-day event.

**You can pay cash at the venue or
book online:**

<http://abdy.info/when-and-where/sessions>

Location: **Columbia Hotel (Viceroy Room)
95-99 Lancaster Gate
London, W2 3NS UK**

Info: **Please bring a yoga mat or a blanket and
a pillow, and dress comfortably to lie on
the floor.
Please bring your own water bottle.**

Contact: **Emily
connect@abdy.info**

Connect: **abdy.info**



PHOTO CREDIT: JANE SIBBETT