



Abdy has an ancient, indescribable gift which allows people to attune to the vibration they need to receive for themselves.

**"There is no name for what you receive."
- Abdy**

CONNECTING TO THE SOURCE
SESSION WITH

ABDY

Washington, DC

Tuesday, 27th September

7:00 pm-8:30 pm

Exchange: \$50.00 per session. You can pay cash or check at the venue or book online:
<http://abdy.info/when-and-where/sessions>

Location: Carderock Springs Swim & Tennis Club
8200 Hamilton Spring Ct.
Bethesda, MD 20817

Info: Please bring a yoga mat or a blanket and a pillow, and dress comfortably to lie on the floor. If your body can't lie flat comfortably, we also have chairs available. Please bring your own water bottle.

Contact: Parastoo Nasr
202-413-1692
pnasr@yahoo.com

Connect: abdy.info



PHOTO CREDIT: JANE SIBBETT