



Abdy has an ancient, indescribable gift which allows people to attune to the vibration they need to receive for themselves.

**"There is no name for what you receive."
- Abdy**

ABDY

WASHINGTON DC

CONNECTING TO THE SOURCE SESSIONS

Friday September 22 2017

Session One: 6:00-7:30 pm

Session Two: 7:45-9:15 pm

Exchange: **\$50.00 per session. You can pay cash or check at the venue or book online:**
<http://abdy.info/when-and-where/sessions>

Location: **Carderock Springs Tennis and Swim Club
8200 Hamilton Spring Ct.
Bethesda, MD 20817**

SELF ALIGNMENT DAY

Saturday September 23 2017

10:00AM-5:00PM

Exchange: **\$220.00 for one-day event.**
You can pay cash or check at the venue or book online:
<http://abdy.info/when-and-where/sessions>

Location: **Unity of Washington, DC
1225 R Street Washington, DC 20009**

Info: **Please bring a yoga mat or a blanket and a pillow, and dress comfortably to lie on the floor. If your body can't lie flat comfortably, we also have chairs available. Please bring your own water bottle.**

Contact: **Parastoo Nasr
202-413-1692
pnasr@yahoo.com**

Connect: **abdy.info**



PHOTO CREDIT: JANE SIBBETT