



Abdy has an ancient, indescribable gift which allows people to attune to the vibration they need to receive for themselves.

**"There is no name for what you receive."
- Abdy**

CONNECTING TO THE SOURCE SESSION WITH **ABDY**

Toronto, Ontario

Sunday, 03.20.16

Session: 2:00 pm-4:00 pm

Doors open at 1:30pm

Exchange: **\$50.00 CAD per session. Payable at the door by cash or cheque only.**

Location: **Goodwood Community Centre 268
Durham Regional Hwy. 47
(Bloomington Rd) Goodwood
(Greater Toronto), ON, L0C1A0**

Info: **Please bring a yoga mat or a blanket and a pillow, and dress comfortably to lie on the floor. The floor is tiled. If your body can't lie flat comfortably, chairs are available.**

Please bring your own water bottle.

Contact: **Joy Goch
joygoch@outlook.com
Mobile: 416-985-9150**

Connect: **abdy.info**



PHOTO CREDIT: JANE SIBBETT