



Abdy has an ancient, indescribable gift which allows people to attune to the vibration they need to receive for themselves.

**"There is no name for what you receive."  
- Abdy**

# **ABDY**

## **Ibiza, SPAIN**

**CONNECTING TO THE SOURCE SESSIONS**

**Tuesday, 18 July**

**Session One: 5:00pm - 6:20pm**

**Session Two: 6:30pm - 7:50pm**

**Exchange: 40 € per session.  
You can pay cash at the venue**

**Location: Lamuella Ibiza  
Carretera de San Juan, 07812  
Sant Llorenç  
Carretera E - 10  
Phone just to call if you need directions:  
34971325356**

**Info: Please bring a yoga mat or a blanket  
and a pillow, and dress comfortably  
to lie on the floor.  
Please bring your own water bottle.**

**Contact: Tim Rustow  
timrustow@gmail.com**

**Connect: [abdy.info](http://abdy.info)**



PHOTO CREDIT: JANE SIBBETT