

CONNECTING TO
THE SOURCE SESSION WITH
ABDY



Abdy has an ancient, indescribable gift which allows people to attune to the vibration they need to receive for themselves.

The result is to be harmonized with one's own soul. When the mind is harmonized with the soul, it is aligned in its own path and aligned in universal harmony. Every level of harmony is interrelated and the harmony within unfolds the universe, now and forever.

**"There is no name for what you receive."
- Abdy**

SEATTLE, WA
Wednesday, 9.23.15

AUTUMN EQUINOX

- Time:** Session One: 5:15 – 6:45PM
Session Two: 7:00 – 8:30PM
- Location:** Rainier Valley Cultural Center
3515 South Alaska Street, Seattle, WA 98118
<http://www.rainiervalleyculturalcenter.org/>
- Parking:** Our lot can accommodate 15 cars; additional parking is available on street and in commercial parking lots nearby on Rainier Avenue.
- Exchange:** \$50.00 per session, payable at the door or book in advance online: abdy.info
- Info:** Please bring a yoga mat or a blanket and a pillow, and dress comfortably to lie on the floor. If your body can't lie flat comfortably, we also have chairs available. Please bring your own water bottle.
- Contact:** Jane (657) 777-2819
abdyfriend@gmail.com



Connect: abdy.info



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