

# CONNECTING TO THE SOURCE SESSION WITH ABDY

**Abdy has an ancient, indescribable gift which allows people to attune to the vibration they need to receive for themselves.**

The result is to be harmonized with one's own soul. When the mind is harmonized with the soul, it is aligned in its own path and aligned in universal harmony. Every level of harmony is interrelated and the harmony within unfolds the universe, now and forever.

**"There is no name for what you receive."**

**- Abdy**

## ENCINITAS, CA

**Date:** Friday, 7.17.15

**Time:** Session One: 6:00 – 7:30PM

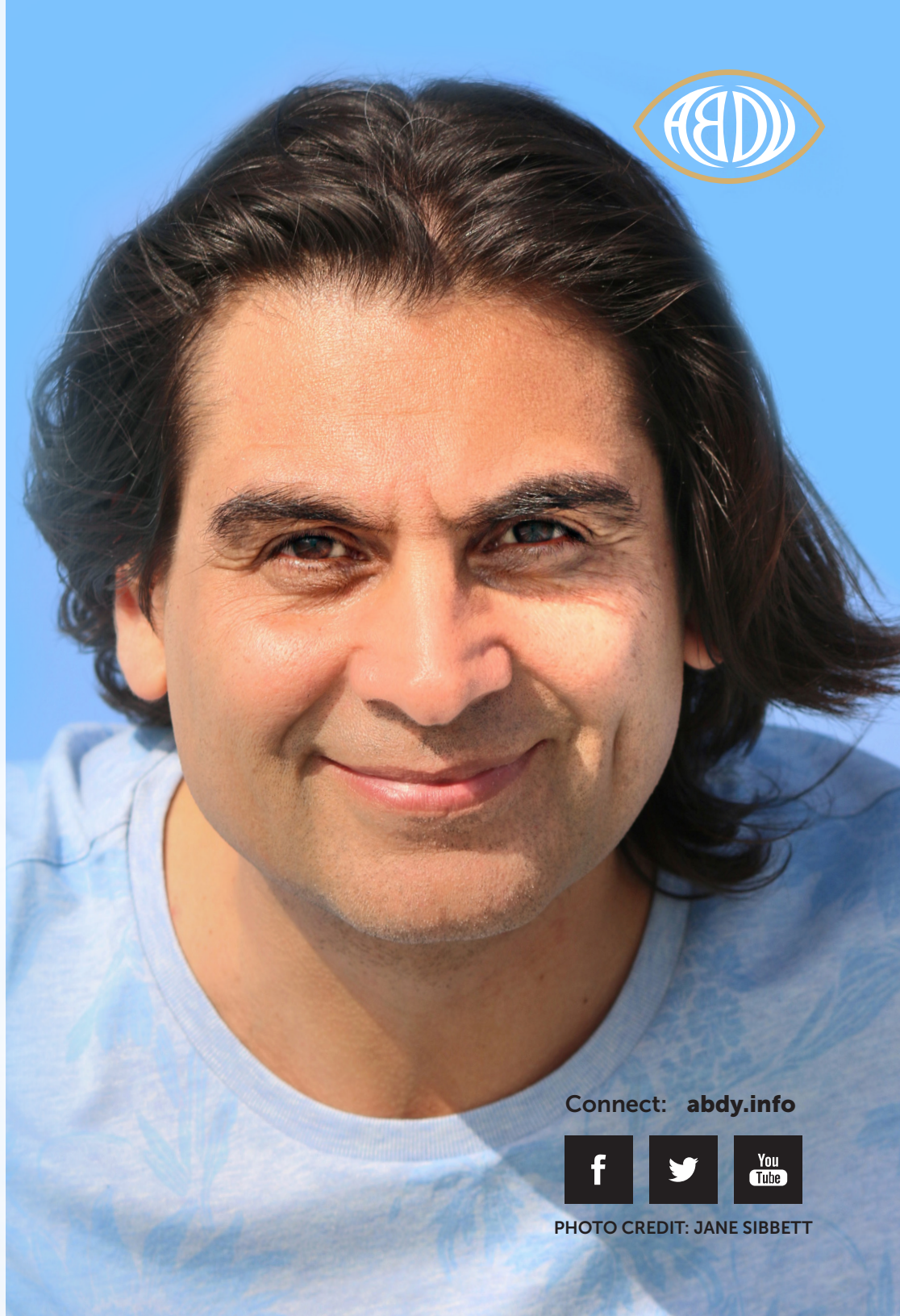
Session Two: 7:45 – 9:15PM

**Location:** Casa Del Sol, 605 Cole Ranch Rd.,  
Encinitas, CA 92024

**Info:** Please bring yoga mat, water, and sweat jacket or blanket. We will be having our session outside on the lawn in the evening air. Street parking available. Advanced reservations may be made at: [abdyfriend@gmail.com](mailto:abdyfriend@gmail.com). With your name, phone number, number in your party, please let us know which town(s) you wish to attend, and which session(s) you'd like to join: Session One, Session Two, or both Sessions. For those who'd like a little yoga after traffic, and before we begin, please join at 5:00PM for 30 min. gentle yoga and stretching by the pool.

**Exchange:** All tickets are \$50.00 per session, payable at the door.

**Contact:** Jane (657) 777-2819



Connect: [abdy.info](http://abdy.info)



PHOTO CREDIT: JANE SIBBETT