



Abdy has an ancient, indescribable gift which allows people to attune to the vibration they need to receive for themselves.

**"There is no name for what you receive."
- Abdy**

CONNECTING TO THE SOURCE
SESSION WITH

ABDY

Sedona, Arizona

Monday, 02.15.16

Session One: 11:00 am-12:30 pm

Session Two: 12:45 pm-2:15 pm

Exchange: **\$50.00 per session. You can pay cash or check at the venue or book online:**
<http://abdy.info/when-and-where/sessions>

Location: **7 Centers Yoga Arts,
2115 Mountain Rd,
Sedona Arizona AZ 86336 United States**

Info: **Please bring a yoga mat or a blanket and a pillow, and dress comfortably to lie on the floor. If your body can't lie flat comfortably, we also have chairs available. Please bring your own water bottle.**

Contact: **Monnie Ramsell
(928) 282-6318**

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Connect: **abdy.info**



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