



Abdy has an ancient, indescribable gift which allows people to attune to the vibration they need to receive for themselves.

**"There is no name for what you receive."
- Abdy**

PHOTO CREDIT: JANE SIBBETT

ABDY

SEATTLE, WASHINGTON

CONNECTING TO THE SOURCE SESSIONS

MONDAY 26 FEBRUARY

First session: 6pm-7.30pm

Second session: 7.45pm-9.15pm

Exchange: **\$50.00 per session. You can pay cash at the venue or book online:**
<http://abdy.info/when-and-where/sessions>

Location: **Masonic Temple
7910 Greenwood Ave N
Seattle, Washington 98103**

Info: **Please bring a yoga mat or a blanket and a pillow, and dress comfortably to lie on the floor. If your body can't lie flat comfortably, we also have chairs available. Please bring your own water bottle.**

Contact: **Brigitte
b.feaster1@verizon.net
253-278 9109**

Connect: **abdy.info**

