



Abdy has an ancient, indescribable gift which allows people to attune to the vibration they need to receive [sT] for themselves.

"There is no name for what you receive."
- Abdy

ABDY

LONDON, UK

**CONNECTING TO THE
SOURCE SESSIONS**

SATURDAY 25 JUNE

First session: 2.40pm

Second session: 5.10pm

Exchange: **£40.00 GBP per session**

Location: **Tara Yoga Centre
Export House, 25-31,
Ironmonger Row, London, EC1V 3QW**

Info: **Yoga mats, blankets are provided. Dress comfortably to lie on the floor and bring your own water bottle.**

**No Booking is required to attend a session.
Please come to the venue directly.**

Contact: **Kayoko
07426875144
connect@abdy.info**

Connect: **abdy.info**

