

A close-up portrait of a man with long, dark, wavy hair and a light blue t-shirt. He is smiling slightly and looking directly at the camera against a clear blue sky background.

Abdy has an ancient, indescribable gift which allows people to attune to the vibration they need to receive for themselves.

**"There is no name for what you receive."
- Abdy**

CONNECTING TO THE SOURCE
SESSION WITH

ABDY

Pacific Grove, CA

Friday 8 December

Session One: 6:00-7:30 pm

Session Two: 7:45-9:15 pm

Exchange: **\$50.00 per session. You can pay cash or check at the venue or book online:**

<http://abdy.info/when-and-where/sessions>

Location: **Center for Spiritual Awakening**

**522 Central Avenue
Pacific Grove, CA 93950
831-372-1942**

Info: **Please bring a yoga mat or a blanket and a pillow, and dress comfortably to lie on the floor. If your body can't lie flat comfortably, we also have chairs available. Please bring your own water bottle.**

Contact: **Timi
freewalk@sbcglobal.net
Tel: 831 372 1942**

Connect: **abdy.info**



PHOTO CREDIT: JANE SIBBETT