



Abdy has an ancient, indescribable gift which allows people to attune to the vibration they need to receive for themselves.

**"There is no name for what you receive."  
- Abdy**

# CONNECTING TO THE SOURCE SESSION WITH **ABDY**

## **OTTAWA, Ontario**

### **Saturday, 03.12.16**

**Session One: 2:30 pm-4:00 pm**

**Session Two: 4:15 pm-5:45 pm**

**Exchange: \$50.00 per session. You can pay cash at the venue.**

**Location: Holiday Inn Express & Suites Ottawa West - Nepean,  
2055 Robertson Rd,  
Ottawa Ontario K2H 5Y9 Canada**

**Info: Please contact hosts to reserve your place and your session preference.**

**Please bring a yoga mat or a blanket and a pillow, and dress comfortably to lie on the floor. If your body cannot lie flat on the floor, please bring a zero gravity chair. Please bring your own water bottle.**

**Contact: Denise Carpenter  
denise@reikiassociates.com  
613-913-2803**

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**Connect: [abdy.info](http://abdy.info)**



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