



Abdy has an ancient, indescribable gift which allows people to attune to the vibration they need to receive for themselves.

**"There is no name for what you receive."**  
- Abdy

# CONNECTING TO THE SOURCE SESSION WITH **ABDY**

## **OTTAWA, Ontario**

### **Saturday, 03.12.16**

**Session One: 2:30 pm-4:00 pm**

**Session Two: 4:15 pm-5:45 pm**

**Exchange:** \$50.00 per session. You can pay cash at the venue.

**Location:** Holiday Inn Express & Suites Ottawa West - Nepean,  
2055 Robertson Rd,  
Ottawa Ontario K2H 5Y9 Canada

**Info:** Please contact hosts to reserve your place and your session preference.

Please bring a yoga mat or a blanket and a pillow, and dress comfortably to lie on the floor. If your body cannot lie flat on the floor, please bring a zero gravity chair. Please bring your own water bottle.

**Contact:** Denise Carpenter  
denise@reikiassociates.com  
613-913-2803

Amanda Tyler  
wingsoflightwellness@hotmail.com  
613-812-8158

Lavonne  
divineself897@gmail.com

**Connect:** [abdy.info](http://abdy.info)



PHOTO CREDIT: JANE SIBBETT