



Abdy has an ancient, indescribable gift which allows people to attune to the vibration they need to receive for themselves.

**"There is no name for what you receive."
- Abdy**

CONNECTING TO THE SOURCE SESSION WITH **ABDY**

**New York, NY
Sunday, 02.21.16**

**Session One: 3:00 pm-4:30 pm
Session Two: 4:45 pm-6:15 pm**

- Exchange:** \$50.00 per session. You can pay cash or check at the venue or book online:
<http://abdy.info/when-and-where/sessions>
- Location:** Jan H Presbyterian Church & Neighborhood House, 351 East 74th Street,
New York City New York 10021 United States
- Info:** Please bring a yoga mat or a blanket and a pillow, and dress comfortably to lie on the floor. If your body can't lie flat comfortably, we also have chairs available. Please bring your own water bottle.
- Contact:** Val Tignini
Valsecrets@gmail.com
9173022900
- Connect:** abdy.info



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