



Abdy has an ancient, indescribable gift which allows people to attune to the vibration they need to receive for themselves.

**"There is no name for what you receive."
- Abdy**

CONNECTING TO THE SOURCE
SESSION WITH

ABDY

New York, NY

Sunday, 02.21.16

Session One: 3:00 pm-4:30 pm

Session Two: 4:45 pm-6:15 pm

Exchange: \$50.00 per session. You can pay cash or check at the venue or book online: <http://abdy.info/when-and-where/sessions>

Location: Jan H Presbyterian Church & Neighborhood House, 351 East 74th Street, New York City New York 10021 United States

Info: Please bring a yoga mat or a blanket and a pillow, and dress comfortably to lie on the floor. If your body can't lie flat comfortably, we also have chairs available. Please bring your own water bottle.

**Contact: Val Tignini
Valsecrets@gmail.com
9173022900**

Connect: abdy.info



PHOTO CREDIT: JANE SIBBETT