



Abdy has an ancient, indescribable gift which allows people to attune to the vibration they need to receive for themselves.

**"There is no name for what you receive."  
- Abdy**

# ABDY

## London, UK

**CONNECTING TO THE SOURCE SESSIONS**

**Sunday 22 July 2018**

Session One: 1:30pm-3:15pm  
Session Two: 3:30pm-5:00pm

**Saturday 18 August 2018**

Session One: 6:00pm-7:30pm  
Session Two: 7:45pm-9:15pm

**SELF ALIGNMENT DAY**

**Sunday 19 August 2018**

**10:00AM-5:00PM**

Exchange: **£30 per session.**

**£120 for one-day event.**

**Please pay cash at the venue**

Location: **Columbia Hotel (Viceroy Room)  
95-99 Lancaster Gate  
London, W2 3NS UK**

Info: **Please bring a yoga mat or a blanket and a pillow, and dress comfortably to lie on the floor.  
Please bring your own water bottle.**

Contact: **Emily  
connect@abdy.info**

Connect: **abdy.info**



PHOTO CREDIT: JANE SIBBETT